

Tai Chi ILL. Shuben, Saturday March 28, 2009  
**girls inc.** 4th Annual  
 Come join us!

Trafalgar Castle School  
 401 Reynolds Street  
 Whitby ON


Unleash your Tige  
 Full Facial & Lip  
 ing - Kickboxing  
 mentation - Simply  
 a Girls Inc. ILL. UP  
 Sing - Bashié Ka CW  
 Dazzling - DeStress

at Happens in Vegas  
 at The Mermaid - Sing  
 Your Day of FASH  
 Runs from 9am to 4pm  
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 Jewelry Making  
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Registration on-line  
**play day FUNdraiser**  
 your Makeover & F  
 acting - MEDIA Smar  
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**Girls Day Out!**

**New Activities AND Returning Favourites**



## Girls Day Out Date: March 28<sup>th</sup>, 2009

Girls Day Out is a play day fundraiser that gives women 19 years or older a chance to spend a day at Trafalgar Castle School in Whitby. This day allows moms, daughters, sisters and girlfriends to be in school for a day and participate in a wide range of classes from martini making to belly dancing. This day is sure to create memories, knowledge, fun and laughter!

### Committee Volunteers

Girls Day Out committee will meet once a month in the evening from 7:00pm to 9:30pm at our Girls Inc. office in Ajax. Members are asked to commit for eight months, starting in September and ending in March. The committee is made up of Girls Inc. staff, board members and volunteers. There are a wide range of tasks that need to be delegated for this event:

- Finding major event sponsorships
- Soliciting for silent auction sponsors
- Marketing the up coming event (email, web and print)
- Designing and packing gift baskets and bags
- Designing flyers, dinner menu, email and pamphlets
- Putting together registration packages
- Catering/Food
- Finding class instructors
- Finding class/table sponsors

Would you like to be a class instructor at our next Girls Day Out fundraiser? We are looking for fun and exciting classes to offer the women of the Girls Inc. community. This is an excellent opportunity for you to showcase your talent to the women of Durham Region. You can expect to have a class of 10-20 women for 1.5 hours. You also have the opportunity to present your business in one of the booths provided. Thirdly, you can donate your services as a silent auction item to help advertise your business.

Here is a list of qualifications that must be met to become an instructor at Girls Day Out 2009.

- Instructor **must** be over the age of 18 years
- Instructor **must** have excellent verbal communication skills
- Instructor **must** have a passion for their topic
- Instructors **must** embody the “Strong, Smart, Bold” philosophy in their day to day lives
- Instructor **must** have made some kind of living from the subject that they will be discussing. This means that they should be professionals or recognized leaders in their field.
- **Prefer** that the Instructors own their own business in the field that they will teach the course on.
- **Prefer** that the Instructors have had previous experience teaching lessons
- **Prefer** that the instructors are bit of a character, that have a good story to tell, and that like to entertain people.