



Inspiring all girls
to be strong,
smart and boldSM

Girls Incorporated of Durham



Racing Against Drugs Volunteer Description

Updated June 23, 2008

Terms of Reference

Girls Incorporated of Durham empowers girls and young women to believe in themselves and reach their full potential. We inspire all girls to be Strong, Smart and Bold by providing programs, education and mentoring relationships. As the only all-girl agency in Durham Region, we offer an environment that encourages girls and young women to grow, to develop confidence in themselves and to reach their full potential. The RAD volunteers commit to supporting and guiding girls at a critical time in their life. These supports may include areas of career opportunities, life skills, education, health, comfort, housing and community support systems

Racing Against Drugs Volunteer Role

- To assist in the delivery of Racing Against Drugs activities as determined by Girls Inc. Staff.
- Serve as a positive role model
- Build a relationship with the children involved while enthusiastically engaging in activities
- Strive for mutual respect
- Build self-esteem and motivation
- Provide appropriate and relevant information during RAD Week.

Time Commitment

- A one-week per year commitment (generally the first week of May)
- Spend a minimum of 6 hours per week
- Attend an initial two-hour orientation/training session and additional one-hour training sessions prior to RAD Week.

Participation Requirements

- Must be 16 years of age or older
- Preference given to volunteers residing in Durham Region
- Be available during the daytime
- Provide own transportation to and from activity location
- Be willing to adhere to all program policies and procedures
- Be willing to complete the application and screening process
- Attend orientation/training sessions as prescribed
- Be willing to participate in specific program training opportunities as provided
- Be willing to communicate regularly with the appropriate staff person, submit activity information and take constructive feedback regarding group activities
- Have a clear criminal history

- No use of illicit drugs
- No use of alcohol during program hours
- Not currently in treatment for substance abuse and have a non-addictive period of at least 5 years
- Not currently in treatment for a mental disorder or hospitalized for such in the past 5 years

Desirable Qualities

- Willing listener
- Encouraging and supportive
- Patient and flexible
- Tolerant and respectful of individual differences
- Enthusiastic and energetic

Benefits

- Personal fulfillment through contribution to community and individual
- Satisfaction in helping youth gain information and knowledge
- Training session and group activities
- Personal ongoing support

Application and Screening Process

- Written application
- Reference checks (including 2 personal)
- In-office interview
- Racing Against Drugs Criminal Reference Check (Must be submitted by March 1st for the event in May)
- Attendance at initial 2 hour Orientation/Training Session

For more information, contact the Mentoring Coordinator at Girls Incorporated of Durham, at 905 428-8111 or by email at lcurley@durham.girls-inc.org