



Girls Incorporated of Durham

PA Day Programs

9:00am—4:00pm

123 Eric Clark Drive, Whitby
AND

1580 Kingston Road, Pickering
For girls 6—12 years of age

A place where your opinion counts, where you can ask questions, explore and have lots of FUN!
Come and join us for fun exciting activities.

Friday November 20th

ACTION FOR SAFETY

Girls build their mind, body, and spirit to better understand violence, develop and acquire a toolbox of strategies , including physical self defense techniques. This program helps to build self confidence, self esteem and addresses topics such as bullying.

Friday December 4th

MEDIA SMARTS

Girls investigate the use of slogans, logos, merchandizing , and target marketing in media; consider the realness of reality TV; find ways to overcome bias in the news; practice creating strong, smart, and bold characters, TV show treatments, and media campaigns; and tackle issues of concern such as beauty, diversity, and stereotypes in media.

For more information about PA Day Programs and Girls Incorporated of Durham, please contact the office at:

Girls Incorporated of Durham
1- 398 Bayly Street West
Ajax, ON L1S 1P1

Tel: 905 428-8111 Fax: 905 428-9992
Email: lcurlley@durham.girls-inc.org
www.girlsinc-durham.org

Non-Members \$25
Members \$20
Participants must provide own lunch.
Snacks will be provided.
Early drop off at 8:30am and late pick up at 4:30pm Available for an extra \$10.



PA Day Programming