



Girls Incorporated<sup>®</sup>  
of Durham

## How to become involved

If you are interested in volunteering for  
Girls Incorporated of Durham  
Please contact:

Linda Curley  
Program Volunteer Coordinator  
Girls Incorporated of Durham  
1—398 Bayly Street West  
Ajax, ON L1S 1P1

Tel: 905 428-8111, ext. 23

Fax: 905 428-9992

Email: [lcurley@durham.girls-inc.org](mailto:lcurley@durham.girls-inc.org)

Web: [www.girlsinc-durham.org](http://www.girlsinc-durham.org)

**The volunteer application is available to  
download from the Girls Inc. website.**

[www.girlsinc-durham.org](http://www.girlsinc-durham.org)



## Youth Volunteer Opportunities

Girls Incorporated<sup>®</sup> of Durham  
[www.girlsinc-durham.org](http://www.girlsinc-durham.org)

2009 2010



Inspiring all girls  
to be strong,  
smart, and bold<sup>SM</sup>

# Girls Incorporated® of Durham

Inspiring all girls to be Strong, Smart, & Bold<sup>SM</sup>

**Girls Incorporated® of Durham** is a not-for-profit charity that exists to empower young girls to believe in themselves and reach their full potential. We are recognized in the community as an expert on girls and young women. Girls Inc. provides a comprehensive range of high quality programs and services to meet the needs of those we serve. Our programs and services are research based and are carefully and specifically designed for girls. We at Girls Inc. know girls are capable!

We have many great volunteer opportunities for female youth who are completing their 40 community involvement hours for high school. Our volunteer positions are a wonderful opportunity for you to help empower girls in your community. There are many different tasks our volunteers can choose from.

We are looking for female youth volunteers who are:

- Patient
- Reliable
- Have a positive attitude
- Punctual
- Creative and practical
- Team Worker
- Friendly
- Good listener
- Non-judgmental
- Energetic

**girls  
inc.®**

Girls Incorporated®  
of Durham

[www.girlsinc-durham.org](http://www.girlsinc-durham.org)



## United Way “Bon Appétit”

Fall 2010

10:30am—3:30pm

@ the Pickering Rec. Complex

United Way “Bon Appétit” is a showcase of community culture through a taste tour. Girls Inc. is in charge of children’s face painting and conducting experiments that help showcase the kind of programs we offer. Students are asked to arrive at 10:30 and will be dismissed at 3:30pm.

We are looking for people to complete the following tasks:

### o **Set up Crew**

- Set up the booth before guests arrive
- Set up experiments
- Help with cleaning

### o **Experiment hosts & helpers**

- Conduct experiments with the children
- Help make the day an exciting and memorable experience for the girls
- Help the hosts with getting supplies
- Help with keeping the attention of guests
- Help the kids at the table with crafts and experiments

### o **Face Painting**

- You need to be artistic and creative

### o **Community Liaison Crew**

- Hand out flyers
- Sign up people for electronic newsletter
- Educate attendees on Girls Inc.

**girls  
inc.®**

Inspiring all girls  
to be strong,  
smart, and bold<sup>SM</sup>

## Girls Inc. 10th Annual Charity Golf Tournament— Tuesday June 15, 2010

Held at Whitevale Golf Course, this event promises to deliver a fun day on the links while supporting important educational programs, services to girls and young women that promote awareness and self discovery in such critical areas as self esteem, career choices, peer pressure, body image, violence prevention, and financial literacy.



Volunteer Positions Available:

### **Planning Committee Assistants:**

- Source out and arrange for donations for Silent Auction and “gift bags”

### **Set up Crew**

- Set up the display booth before golfers arrive
- Set up Silent Auction Tables and Golfer Prize Table

### **Photographer**

- Photograph events of the day
- Ensure that all sponsors have photos of signage

### **Runner**

- Assist golfers throughout the tournament— retrieve lost balls, act as caddy, assist event organizers, etc.



Inspiring all girls  
to be strong,  
smart, and bold<sup>SM</sup>

## EVENTS OVERVIEW

### Santa Claus Parade

- Sat. November 14, 2009
- Community Hours offered: 4
- Volunteers Needed: 4

### “Spirit of Sisterhood” Conference

- Sat. February 7, 2010
- Community Hours offered: 8
- Volunteers Needed: 10

### Girls Day Out

- March 27, 2010
- Community Hours offered: 12
- Volunteers Needed: 20
- 

### Purple Woods Conservation Authority Maple Syrup Festival

- March 2010
- Community Hours offered: 8
- Volunteers Needed: 20

### 20 Minute Makeover

- April 2010
- Community Hours offered: 1
- Volunteers Needed: unlimited

### Girls Rights Week

- May 1—7, 2010
- Community Hours offered: 5
- Volunteer Needed: 10

### Racing Against Drugs

- May 3—7, 2010
- Community Hours offered: 6/day
- Volunteers Needed: 10

### Girl Inc. 10th Annual Charity Golf Tournament

- Tuesday June 15, 2010
- Community Hours offered:  
depends of level of commitment
- Volunteers Needed: 5

### United Way “Bon Appétit”

- September 2010
- Community Hours offered 5
- Volunteers Needed: 4



Inspiring all girls  
to be strong,  
smart, and bold<sup>SM</sup>

## The importance of Youth Volunteers

Girls Incorporated of Durham values each and every opportunity to work with youth in a variety of volunteer experiences.

By providing opportunities for success, we are opening the door to future possibilities. Youth leadership provides the possibility to develop decision making skills, allows youth the chance to take responsibility and initiate projects of importance.



Inspiring all girls  
to be strong,  
smart, and bold<sup>SM</sup>

"An interest in volunteering, developed during one's youth is likely to be maintained in adulthood. This suggests the importance of providing positive, early volunteering experiences for youth, as these experiences may lead to continued volunteering in the adult years." NSGVP report 2000.

Teamwork allows common people to attain uncommon results.

## Girls Rights Week May 1, 2010

**Date:** 1st week during the month of May

**Girls Rights Day:** May 2nd in Durham Region

**Volunteers Needed:** 10

Girls Rights Week is a great opportunity for high school students to earn some of their 40 hours needed to graduate.

Our celebration of Girls Rights Week is normally held on a Saturday between 10:00am to 4:00pm at the Ajax library on Harwood Ave. During the day's celebration we aim to show parents and girls of Durham region what programs we offer during the year through interactive opportunities including experiment booths and activity tables. We encourage each young girl to gain an understanding of who we are and what we do.



*Dear world,  
it's me, a girl...*

Volunteers may be asked to do more than one task, please specify which task you would like to do?

- o **Volunteer runner**
- o **Set up and take down crew**
- o **Experiment hosts and helpers**
- o **Community Liaison Crew**

We are also looking for people to donate food, juice, water and utensils. If you are interested in any of these tasks or would like to learn more about Girls Rights Week, please register as a volunteer or donor.

***Purple Woods Conservation  
Authority  
Maple Syrup Festival***

**To help Girls Inc. serve pancakes and raise funds for Girls in Durham**

Date to be announced—March Break 2010

Volunteers are needed each day from 8:00 a.m. to 3:00 p.m.

(this includes set up and clean up time).

If you can help please contact:

Volunteers are needed to:

- Ticket Sales
- Batter Mixers
- Pancake Flippers
- Beverage Servers
- Meal Servers
- Set-Up and Clean-Up



**Town of Ajax Santa Claus Parade**

Saturday November 14th, 2009

5:00pm—9:00pm

Starting on MacKenzie Ave. and ending at Ajax Town Hall

The Town of Ajax Santa Claus Parade is a wonderful way for the community to learn about Girls Inc. This year we would like to enter a float into the parade, but we need your help! We are also looking for people to design the float, help raise awareness of Girls Inc. by handing out flyers, and to help spread the word of Girls Inc when walking in the parade. This is an evening event ending at Ajax Town Hall for the Tree Lighting Ceremony.

- We are looking for someone to donate their time and a flat bed truck so we can have a float in the parade.
- We are also looking for people to design and contribute material towards the float.
- We need volunteers to help raise awareness of Girls Inc. by handing out flyers, and to help spread the word of Girls Inc.
- We need moms, sisters, daughters, family and friends to walk behind the float to help build awareness

- We are looking for people to donate red scarves, hats, gloves that our volunteers and membership can wear during the parade

- We need volunteers to create banners and flags to wave on the parade route.



**20 Minute Makeover - April 2010**

The 20 Minute Makeover Challenge engages students and businesses to volunteer just 20 minutes of their time to make a world of difference. During this event, volunteers will pick up litter in designated areas. This event shows community members that

Girls Inc. cares about the environment. We would like to register as many people as possible and give each a Girls Inc. t-shirt to wear during the clean-up.



**girls  
inc.®**

Inspiring all girls  
to be strong,  
smart, and bold<sup>SM</sup>

## **Spirit of Sisterhood Conference**

February 7, 2010

UOIT Faculty of Education Building  
11 Simcoe Street North, Oshawa

### ***Leading, Connecting, and Inspiring Young Women to Ignite their Full Potential & Inner Strength to Light up the World!***

Volunteers are needed to assist in a variety of capacities for this jam-packed day of fun activity stations, interesting panels and informative workshops!

A terrific event for female students to earn hours for their community work hours.

If you are interested in participating in this free event you **MUST** pre-register.

A fabulous event for female students and their accompanying adult (mom, aunt, older sister, or any important female in their life) where they can meet and mingle with successful business women, women authors, and 'up-and coming' youth.

An inspiring day of FUN and friendship for women to learn, grow, be challenged!

Special MC for the day will be Carolyn Ellis, morning announcer on KX96.

Ages 13-19



&

**girls  
inc.**

Inspiring all girls  
to be strong,  
smart, and bold<sup>SM</sup>

[www.girlsinc-durham.org](http://www.girlsinc-durham.org)

## **Girls Day Out!**

Saturday March 27, 2010

7am—5:00pm

@ Trafalgar Castle School, Whitby

Girls Day Out! is a play day fundraiser that gives women 19 years or older a chance to spend a day at Trafalgar Castle School in Whitby. This day allows moms, daughters, sisters and girlfriends to be in school for a day and participate in a wide range of classes. This day is sure to create memories, knowledge, fun and laughter!

**All volunteers are required to attend an orientation and training session specific to this event prior to volunteering on the day of the fundraiser. Unfortunately we are unable to accommodate any volunteers unable to attend training.**

**Volunteer positions include:**

**Educational Assistants:** 10 volunteers needed

**School Store:** 3 volunteers needed

**Catering:** 3 volunteers needed

**Hall Monitors:** 2 volunteers needed

**Parking Attendant:** 2 volunteers needed

**Girls  
Day  
Out!**